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ANNUAL REPORT

UNIVERSITY OF ILLINOIS HEALTH SERVICES

1958-59

The Health Service has two broad functions, medical and academic. In the first, the Health Service offers certain medical services to students and staff; in the second, the Health Service functions as an academic department administering courses in hygiene.

Medical services to students include physical examinations for admission, medical care, including outpatient and hospital treatment, dental advice, psychiatric consultation and preventive medicine.

Services to staff include physical examinations for employment, periodic examinations for certain classes of employees, medical treatment following on-the-job accidents and medical counsel to the University Retirement System.

In the following paragraphs and tables, each of these functions is considered separately.

STUDENTS

Admission Examinations. At the opening of the fall semester, the Health Service continued the program of optional admission physical examinations, whereby students were given the choice of having the examination done by the home physician or by the Health Service.

In accordance with action by the Board of Trustees on June 19, 1958, the trial period of the optional program ended on December 31, 1958. Beginning January 1, 1959, new students were offered the pre-entrance physical examination at the Health Service up to fifteen days prior to the date of registration for a particular semester or summer session. Those not electing this plan were required to have the pre-entrance examination done by a physician at their own expense.

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Pre-entrance physical examinations for the past four years are shown in Table I.

Table I
Student Pre-Entrance Physical Examinations

	<u>Health Service</u>	<u>Own Physician</u>
1955-56	7,008	
1956-57	4,909	1,637
1957-58	3,595	2,095
1958-59	679	6,782

Medical Care. Early in the year an appointment system was installed at the Health Center to make possible less hurried personal conferences with Health Service physicians. To supplement the ten full-time general physicians on the Health Service staff, local board-certified specialists in the fields of orthopedics, dermatology, otolaryngology and cardiology were retained on an hourly basis for weekly visits. The services of a radiologist were contracted for five days a week instead of the previous two days a week.

In the interest of better care, physical therapy equipment was moved from a small room in the Health Center to two rooms in McKinley Hospital. Patients requiring basal metabolism tests and electrocardiograms were also sent for these tests to McKinley Hospital and most X-rays were made with the superior equipment at McKinley Hospital. To avoid the possibility of excessive radiation, use of the state-owned photofluorographic equipment was discontinued at the beginning of the year and the machine was later removed by the state at our request.

A survey of all students showing suspicion of cardiac defects was carried out, full cardiological appraisal being made of some forty-three patients.

Although the staff functioned with two physicians less than full complement, the largest number of visits to the Health Center in its history was recorded, as indicated in the following table.

Table II

Visits to the Health Center for Staff Consultation
(Not Including Physical Examinations)

1949-50	34,242
1950-51	27,842
1951-52	29,186
1952-53	35,803
1953-54	36,628
1954-55	37,694
1955-56	39,714
1956-57	38,327
1957-58	39,290
1958-59	44,993

McKinley Hospital. The number of hospital patients for the past year increased over the preceding five years except for 1957-58 which was abnormal because of the Asian flu epidemic. The following table shows comparative figures for total admissions, total patient days and average daily census.

Table III

McKinley Hospital

	<u>Hospital Admissions</u>	<u>Total Patient Days</u>	<u>Average Daily Census</u>
1949-50	2,235	9,940	27.3
1950-51	3,119	7,833	21.5
1951-52	2,328	7,737	21.2
1952-53	2,298	7,871	21.6
1953-54	1,793	6,167	17.0
1954-55	1,989	6,514	18.0
1955-56	1,848	6,337	17.0
1956-57	1,973	7,127	19.5
1957-58	3,275	9,649	26.4
1958-59	2,167	6,845	18.7

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Health Service physicians provided emergency care at McKinley Hospital for persons requiring medical attention after closing hours at the Health Center. Emergency patients cared for are shown in the following table.

Table IV
Emergency Patients Cared for at McKinley Hospital

1955-56	1,024
1956-57	902
1957-58	793
1958-59	875

Mental Health Unit. Organization of the Mental Health Unit as a functioning entity was effected during the past year. Dr. Robert W. Whitener served as the only full-time psychiatrist, although the Director also participated in the psychiatric work of the unit. Dr. Jack Otis served as psychiatric social worker. Group therapy was introduced and served effectively to distribute psychiatric service to a larger number of patients. The work of the unit is summarized in the following table.

Table V
Mental Health Unit

Total Patients	208
Treated in Individual Therapy	44
Treated in Group Therapy	27
Total Individual Treatment Hours	467
Total Group Therapy Patient Hours	432
Patients Dropped from School (Includes 12 Voluntary Withdrawals)	31
Patients Sent to Mental Hospital (Included in Previous Item)	9

Preventive Medicine. All students and employees were given a tuberculin skin test and appropriate follow-up measures were carried out to detect active cases of tuberculosis. Two students and one staff member with active tuberculosis were discovered and hospitalized elsewhere for treatment. Other activities in the field included an extensive program of immunization for students and full investigation of food poisoning outbreaks with the assistance of the Consultant in Public Health.

Dental Health. All students and employees of the University were examined to discover dental defects and were given advice concerning appropriate treatment.

STAFF

Pre-Employment Physical Examinations. In addition to screening all prospective employees for physical defects, the Health Service provided periodic examinations for all food handlers connected with the University and for persons working in radiation laboratories. Health Service also provided medical treatment for all accidents related to employment, except where hospitalization or specialty care was required. Through its Director and Assistant Director, the Health Service provided medical direction to the University Retirement System. The following tables indicate services to employees.

Table VI

Employment Examinations

1949-50	1,666
1950-51	1,558
1951-52	1,638
1952-53	2,369
1953-54	2,257
1954-55	2,208
1955-56	2,291
1956-57	2,531
1957-58	1,909
1958-59	2,165

Table VII
On-the-Job Accidents

1949-50	560
1950-51	634
1951-52	643
1952-53	537
1953-54	614
1954-55	1,135
1955-56	1,118
1956-57	831
1957-58	1,031
1958-59	740

Hygiene Teaching. Because of a reduced staff, the Health Service was able to accommodate hygiene students only by excessively large classes, averaging forty-six the second semester. The following tabulation indicates enrollment in hygiene classes over the past ten years.

Table VIII
Enrollment in All Hygiene Courses

1949-50	2,866
1950-51	2,823
1951-52	2,786
1952-53	3,628
1953-54	3,553
1954-55	3,131
1955-56	3,311
1956-57	3,702
1957-58	1,342
1958-59	1,796

Chicago Undergraduate Division. The staff of the Chicago Undergraduate Division consisted of two full-time physicians, one of whom is Director, and two half-time physicians. Two additional staff members served as Lecturers in Hygiene. This staff served students and employees of the Division in a manner similar to that described for the Champaign-Urbana campus, providing physical examinations and limited medical care.

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New Building. Throughout the past year the Health Service has worked closely with the office of the University architect and with Smith, Kratz and Associates, architects for the new Health Service building. During this time, detailed plans have been made for X-ray, laboratory, physical therapy and other facilities to be included in the new building.

Hospital Accreditation. During the past year, the Director has consulted with leaders in the county and state medical societies with a view to organization of a medical staff at McKinley Hospital and the care of hospital patients by Health Service physicians. The Joint Commission on Accreditation of Hospitals has also been consulted and plans are being made to have McKinley Hospital inspected for accreditation. A proposal for changes anticipating such an inspection has been prepared for presentation to the University Board of Trustees through the President of the University and the Committee on General Policy of the Board.

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Director of Health Services



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